

**CURRICULUM VITAE**

Name: Bernard Allen  
Date of birth: 4.6.54  
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**Qualifications:**

BA (Hons) Psychology - University of Newcastle Upon Tyne  
Post Graduate Certificate in Education - University of Newcastle Upon Tyne  
Advanced Diploma in Special Education - University of Southampton  
Member of Society of Expert Witnesses  
Graduate Member of British Psychological Society

**Employment:**

Head of Upper School – St Nicholas Secondary School, Redhill 1983 – 1986  
Deputy Head – Sir Cyril Burt School, Croydon 1986-1990  
Head teacher - Croydon Hall School, Minehead, Somerset: 1990-1994  
Principal - Southfield School, Gipsy Lane, Wokingham, Berkshire: 1994 - 2000  
Principal - New Horizons, East Sussex: 2000 – 2002  
Principal Tutor – Team-Teach Ltd: 2002 -  
Director - Steaming Ltd, Publishing, Training, & Consultancy: 1998 -

**Other Professional Work:**

Trustee of the National Control & Restraint (General Services) Association 1998 - 2008  
Member of the National Steering Group on Regional Planning for Special Educational Needs: 1999 - 2001  
Member of the Department for Education & Skills EBD National Advisory Group: 1999 - 2001  
Member of the Mental Health Foundation Steering Group: 2001  
Member of Team -Teach Steering Group 2003 -  
Internal Assessor – British Institute of Learning Disabilities: 2002  
Member of BILD advisory group for accrediting training in mainstream settings: 2003 - 4

Co-opted Member of Engage In Their Future National Executive Committee 2013 -  
Member of the Society of Expert Witnesses 2005 - (Vetted 2011, 2012, 2013, 2015)  
Contributed to the Williamson Smallridge Review of Restraint in the Juvenile Justice System 2008  
Appointed by the Justice Secretary to Medway Improvement Board, 2016.  
Contributed to the Narey Review of Residential Care 2016.  
Contributed to the Taylor Review of the Juvenile Justice System 2016.  
Member of the on DH and DfE Expert Advisory Group on Reducing Risk, Restraint and Restrictive Practices, 2016.

**Published Works:**

1992 - "The Children Act Up" - London - Lucky Duck Publications  
1994 - "Children in Control" - London - Lucky Duck Publications  
1994b - "If it Makes My Life Easier - London - Lucky Duck Publications  
1998 - "Holding Back" - Video Training Pack - London - Lucky Duck Publications  
1998b - "Restraint Rarely & Safely" - London - Lucky Duck Publications  
1998c - "New Guidance on the Use of Reasonable Force in Schools - British Journal of Special Education, 25 (4) p184-188  
1999 - "Emotional and Behavioural Difficulties - Conflict Management" - Birmingham University M.Ed. Distance Learning Course  
1999b - "Managing Aggression and Responding to Violence" - In Visser J & Rayner S (Editors) Emotional and Behavioural Difficulties: A Reader. Lichfield, QED Publications.  
2003 - "Team-Teach Workbook" - London - Steaming Publications  
2003 - "Changing Minds" - London - Steaming Publications  
2003b - "Team-Teach Intermediate Tutor Manual - London - Steaming Publications  
2004 - "Team-Teach Advanced Tutor Manual" - London - Steaming Publications  
2005 - "The NAES Bound and Numbered Book" - London - Steaming Publications  
2006a - No touching: not a realistic option. Leadership in Focus(44), 41- 42. (with Burnett N)  
2006b - "Behaviour Management" - (Online Training Course) DfES South Central Regional Inclusion Partnership - SCRIP  
2007 - With Toogood and Leach, "The Induction Handbook" - London - Steaming Publications  
2008a - "Safeguarding Children Safeguarding Staff" - London - Steaming Publications  
2008b - "Thinking Through Behaviour" - London - Steaming Publications  
2009 - "Persuasive Scripts - how to get people to do what you want" - London - Steaming Publications  
2011a - "The Sanctions Book" - London - Steaming Publications  
2011b - "Physical Contact, Care, Comfort Reassurance and Restraint - London - Steaming Ltd

- 2011c – “Reducing Risk and Restraint in Asia-Pacific: the current state of law, policy and guidance in relation to the use of force to control behaviour” – Nick Burnett Publishing (with Burnett N)
- 2012a - “Managing Your Power to Restrain” Optimus Education, Behaviour & Pastoral Update, Issue 85
- 2012b - “Restriction and Restraint - when does restriction become deprivation and withdrawal, seclusion - Optimus Education, Every Child Update, Issue 23
- 2012c - “The Legal Framework for Restraint” - London - Steaming Publications
- 2012d - “Risk Assessment for Behaviour Management” - London - Steaming Publications.
- 2014 - Reducing Risk, Restraint and Restriction - London - Steaming Publications.
- 2017 - Mood Management: understanding the whole body, brain and mind - London - Steaming Publications.

**Additional information:**

Bernard Allen has substantial experience of senior management in schools and residential care over a period of twenty-five years. He has taught across all phases of education, including mainstream schools, special schools for children and young people with social, emotional and behavioural difficulties, a further education unit for young people with learning difficulties, a unit for children with autism and profound communication problems and in higher education in the UK and abroad.

He successfully led three schools for children and young people with severe behavioural, emotional and social difficulties between 1990 and 2002, to which reference was made as models of good practice in UK government sponsored research by the University of Birmingham in 1998. In recent years he has delivered training and consultancy in behaviour management and physical restraint in Australia, Canada, Hong Kong, Ireland, Jamaica, Malta across the United Kingdom. He has lectured at university summer schools and wrote a section of the M.Ed. course on Emotional and Behavioural Difficulties for Birmingham University. He also wrote the Online Inset training programme on behaviour management for the UK Departmental South Regional Inclusion Partnership. In 2008 he was a visiting lecturer at the Hong Kong Institute of Education and wrote its course, Psychological Approaches to the Management of Challenging Behaviour.

During the 1990s he trained to Advanced Level in Control and Restraint (General Services), which is used in secure mental health and social care settings, before devising the Holding Back training programme. He is currently a principal tutor in Team-Teach training, which is used in care and education settings across the UK and abroad. His work is referenced in a number of publications and reports, including the 2009 report commissioned by the Ministry of Justice into restraint in youth justice settings. In 2016 he was appointed by the Secretary of State for Justice to review and report on restraint practices in Secure Training Centres.

He has written a large number of expert witness reports and provided expert testimony in relation to challenging behaviour and risk management for English, Welsh and Scottish Courts, including the High Court in London and the Court of Sessions in Edinburgh.

In 2014 his paper on reducing Risk Restraint and Restriction was endorsed by a number of professional associations representing a wide range of service providers and informed the joint departmental guidance on reducing Risk, Restraint and Restrictive Practices published in 2016

**Previous Instructions by:**

Awdry Bailey & Douglas - Balfour Manson - Barlow Lyde Gilbert - BLM Law - Brodies - Clyde & Co -  
CPS - Digby Brown - Drummond Miller - Edinburgh City Council - Glasgow City Council - Hill  
Dickinson - Kenneth Elliot + Row - Halliwells - Harris Fowler - NAHT - Pannone - Quantum Claims -  
Rowe Sparks - Silverback Rymer - Sparlings - Thompsons - Wandboroughs